



Monday	Tuesday	Wednesday	Thursday	Friday
1:1 Computer and mobile lessons	Chair aerobics (11am-12 noon)	Buggy Buddies (10am-11:00am)	1:1 Computer and mobile lessons	Photo copying and printing. (10-1:00)
Knitting Group (10.00am-12.00noon) (Down stairs TR)	Music Practice (Upstairs Training room) (11am-12:00noon)	Crochet (10.30am-12:00noon) Art Hobby Group (10.30am-12:00noon)	Drop in (12noon-1pm)	Coffee Morning Drop in (10am - 12noon)
Play therapy (Upstairs Training Room)	1:1 Computer and mobile lessons	Bingo (2:30pm-3:30pm)	Yoga (2:00pm-3:30pm Starting 22nd of Sep)	1:1 Computer and mobile lessons
Adult Arts & Crafts. 12:30-2.00pm. (Down stairs TR)	Tea & Coffee drop in (12.30pm-1.30pm)	Youth Club for Primary School children (8-11-years-old) (4:00pm-5:00pm)	Rainbows(2pm-3:30pm) (Upstairs Training Room) Closed Group. Starting 29 th of Sep.	Youth Club (5pm-7pm) for secondary school pupils
Walking Group - Relaxing short strolls (1:30pm-2:30pm)	Photo copying and printing		Knitting (6-8pm) Conversational Spanish (7-8:30pm, starting 22nd of September)	Guitar Lessons (6pm-7pm)Date to be announced,
Hillview Resource Centre is open Monday - Tuesday from 8:30am -4:30pm and Wednesday to Friday 8:30am-5.00pm				
We also offer Subsidised Part-Time Childcare, Low-Cost Play Therapy & Counselling.Call 0871957419 or 012965025				



Hillview Resource Centre
family, community & you